

The Effect of Attitude of FKM UMJ Students on The Use of Paid Plastic Bags in 2021

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ABSTRACT

Plastic, particularly plastic bags, is an object that cannot be separated from everyday life. Plastic bags can be used as a wrapper and to transport luggage or groceries, among other things. The use of plastic bags is out of control as a result of the practice of giving them out for free. As a result, better management is required to limit the usage of plastic bags, one of which is the establishment of a paid plastic bag policy. The goal of this study was to see how FKM UMJ students' opinions influenced their use of paid plastic bags in 2021. In June 2021, a qualitative investigation was done as part of this research. In-depth interviews and document reviews were used to acquire data. Purposive sampling was used to choose students from the FKM UMJ Class of 2019 as informants for this investigation. Based on the research that has been done, it is found that the influence of the attitude of FKM UMJ students towards the use of paid plastic bags is positive and supports government policies regarding this matter. So it's time for us to take wise steps in using single-use plastic bags.

Keywords: *Plastic bag, Use, Plastic waste, Paid*

INTRODUCTION

Plastic is an object that cannot be separated from everyday life, especially plastic bags. One of the functions of plastic bags is as a wrapper and to carry luggage or groceries, whether in the form of food, drinks, clothing, or other household items. The cheap, practical, and compact nature of plastic bags make the use of plastic bags increasingly out of control.

The increase in the use of plastic bags is also related to the increase in the world population. This is reinforced by Lerdy and Anityasari (2011) in their research which states that in one year the world's population can use 500 million to 1 billion plastic bags, where each person uses 150 plastic bags each year. To make that much plastic, it takes 12 million barrels of oil and 14 million tree trunks that must be cut down as the basic raw materials for making it. (Astuti, 2016)

Quoted to BBC Indonesia (2016), around eight million tons of plastic waste circulates in the world's oceans every year. This fact is the result of research presented at the annual meeting of the American Association for the Advancement of Science (AAAS). According to the Minister of Maritime Affairs and Fisheries of the Republic of Indonesia, Susi Pudjiastuti, plastic waste that enters the sea can be broken down into small particles called microplastics with a size of 0.3-5 millimeters. Marine animals often consume microplastics here. (Utami et al., 2018)

Based on data obtained from the Indonesian Plastic Industry Association (NAPLES) and the Central Statistics Agency (BPS), there is a surprising fact that Indonesia is the second-largest plastic waste contributor in the world. Plastic waste in Indonesia reaches 64 million tons/year, of which 3.2 million tons is plastic waste that is dumped into the sea. According to the same source, 10 billion pieces of plastic bags are disposed of into the environment per year or as many as 85,000 tons of plastic bags. According to the Minister of Maritime Affairs and Fisheries of the Republic of Indonesia, Susi Pudjiastuti, plastic waste that enters the sea can be broken down into small particles called microplastics with a size of 0.3-5 millimeters. Marine animals often consume microplastics here. (Puspita, 2018 in Krisyanti, Vos and Priliantini, 2020)

Plastic bags are materials that are very easy to find in everyday life, their use can be found in almost every activity, for example, when buying something in big shops to small stalls, plastic bags are always used as a container to make it easier to carry something that is needed. has bought it. These plastic bags are obtained free of charge as a facility when buying something, not infrequently plastic bags are only used once and are immediately thrown away. Of course, habits like this are the problem with the accumulation of used plastic bag waste.

However, what needs to be underlined is that in terms of the production of plastic bags, what needs to be emphasized is human behavior that is not wise in using it. Many found cases of plastic bags being used only for one time, after which they were thrown away. Though the plastic bag can be reused for other purposes. This kind of attitude makes plastic bag waste scattered everywhere, and

eventually becomes a pile of plastic. In other words, plastic bags or items made of plastic are human innovations that can meet the needs of life. Tools made of materials are generally durable, not easily damaged, can be used repeatedly, and are practical. In its development, these discoveries turned out to have a negative impact that could be considered detrimental to humans themselves. Plastic waste includes waste that is difficult to decompose by natural processes, so it takes hundreds of years to destroy it. (Acrom, 2019)

For this reason, it is important to improve management to reduce the use of plastic bags, one of which is the implementation of a paid plastic bag policy. The paid plastic bag policy is one of the programs that aim to reduce waste generation, especially plastic waste. In Indonesia, the new plastic bag policy was implemented in February 2016 to coincide with the National Waste Care Day. (Krisyanti, Vos, and Priliantini, 2020) With the habit of giving plastic bags for free, the use of plastic bags is getting out of control. Efforts to reduce the use of plastic bags can indirectly inhibit global warming and maintain environmental sustainability. (Astuti, 2016)

This study aims to determine the effect of the attitudes of FKM UMJ students on the use of paid plastic bags in 2021. The benefits of knowing the attitudes of FKM UMJ students towards the use of plastic bags, knowing the negative and positive impacts of using plastic bags, and knowing how effective the application of paid plastic bags is. This research was conducted from June 18, 2021 – June 21, 2021. Where the respondents were students of the University of Muhammadiyah Jakarta, Faculty of Public Health, batch 2019.

METHODS

This research was conducted with a qualitative study conducted in June 2021. Data collection was carried out by in-depth interviews and document review. Informants from this study were students of FKM UMJ Class of 2019 who were selected by purposive sampling.

RESULTS

AND

DISCUSSION

Table 1. Interview Matrix

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
1. What is your attitude when you don't bring plastic bags when shopping and what do you think about paid plastic bags?	In my opinion, when shopping and forgetting to bring a plastic bag, it is better to take the initiative to carry a spare eco-friendly bag/cloth bag on a motorbike or in a bag, or a hanger containing a cloth bag to make it easy to carry everywhere. In my opinion, about	Take the initiative to carry a spare eco-friendly bag and hang the bag on the motorbike so that it is easy to carry anywhere.	The initiative hung on the motor	Have an idea or idea	The existence of ideas, enthusiasm, desires, and policies from the government.

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
	paid plastic, this has become public awareness that there has been an appeal not to use plastic bags and it is preferable to use environmentally friendly bags or cloth bags that can be used many times.				
	My attitude is normal, but I'm a bit lazy to fill the house.	Be normal but lazy with the plastic waste that has piled up.	It's normal and lazy to have plastic waste piling up.	It takes passion and will from yourself and have thoughts for the future	
	Opinions about paid plastic bags are good, so people who don't carry a bag/tote bag can think about the consequences, it's worth 200 silver.	His opinion is that the existence of paid plastic bags is good because it will make buyers think again to buy.	Good and think again.		
	My attitude is that in stores there are also other options to buy a tote bag or paper bag, it's better to buy a tote bag or paper bag instead of using a plastic bag because if you buy a tote bag, you can use it long term, while if it's plastic it will be damaged and even if the item is still available, it, why not? For example, dance on a motorbike or in a car instead of using plastic.	It is better to buy a tote bag or paper bag provided at the store because it can be used long-term rather than having to use plastic.	Tote bag, paper bag, long term, plastic	Replace it with a paper or cloth bag	
	My opinion is positive if for example plastic bags are paid for, people will be lazy to buy plastic bags because it's useless to spend money to buy plastic bags, it's better to bring your shopping place so it's more efficient, so it saves	Positive because if for example the plastic bag is paid for, surely people will be lazy to buy plastic bags.	Paid, lazy to buy	There is a policy and firmness	

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
	costs, then let's say plastic bags are made for a fee he can reduce the amount of plastic in Indonesia too				
	For example, if I'm shopping at Indomart, if I don't bring a plastic bag, it's normal. But now, when you go to the mall, you can't bring a plastic bag, so sometimes you feel worried and lazy to handle it.	Lazy when shopping at the supermarket, but worried when shopping at the mall if you don't bring a shopping bag.	Lazy and worried.	Difficulty	
	If it's a paid plastic bag, it doesn't matter, as long as the plastic bag is still under 500 silver. It's just that if we are told to pay directly above 1000-2000, I don't think it's right.	It doesn't matter if the price of a plastic bag is under 500 silver.	Does not matter.		
2. How do you respond to supermarkets that do not provide free plastic bags and sell them for Rp. 200 per sheet?	I think the attitude of the sellers in the market is good because they include preventing the use of plastic for now who are facing a reduction in the use of plastic but if the price of plastic bags is Rp. 200 per sheet sold by the seller, but the buyer can reach it easily.	A good attitude from the seller but the buyer still reaches out with a payment of Rp. 200 per sheet.	Good attitude and affordable price.	agree	Health promotion activities and prohibitions.
	It's good, it can make people aware too. For example, someone who buys up to 5 plastic bags, multiplies 200 to 1000. 1000 can be used for other purchases.	Good because it can make people aware, and can be more efficient in the use of money.	Make people aware and efficient.	Educate the public	
	Ok, that means he is contributing to reducing the use of plastic bags themselves. But it	Good, because these supermarkets contribute to reducing the	Reduce the use of plastic bags	Ban on the use of plastic bags	

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
	seems less effective because even though it is sold at that price, there are still many people who are willing to pay instead of having to bring their place.	use of plastic bags.			
	If supermarkets don't provide free plastic bags, I agree as long as that's a good thing. But I'm a normal person when shopping at supermarkets, for supermarkets I agree, but for malls it's different. If you don't provide plastic bags for SMEs, it's much better because it's cool, just support for health campaigns.	Agree, because it will be better and can be used as a health campaign.	Better and will be a health campaign.	Health promotion and support from the government	
3. How do you respond to supermarkets that still provide free plastic bags?	In my opinion, sellers in supermarkets who still sell plastic bags should not open a business by selling plastic bags because they can be subject to administrative sanctions as stated in Article 22 paragraph (2) such as written warnings, forced money, freezing of permits to revocation of permits and even fines. IDR 25 Million.	Not selling plastic bags by article 22 paragraph 2.	According to the regulations.	Government regulations	Policies and sanctions
	This should be, all supermarkets in Indonesia can pay the same amount for the use of plastic bags. Do you want to be in a city, village, or remote area?	All supermarkets in Indonesia must apply a paid plastic bag.	Enforcement of paid plastic bags	There is a policy and firmness	
	The policy on plastic bags has existed for a long time, yes, they still violate it. Then they are still distributing the plastic bags, that's not good because people	Not good, because they mean they have violated policies related to the use of plastic bags and they	Garbage, policy violation, flood	Strict sanctions	

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
	will shop there to get free plastic bags, then they will be thrown away carelessly and that's what causes flooding, so they contribute to flooding everywhere.	contribute to plastic waste that is thrown carelessly where the garbage can potentially cause flooding.			
	Lack of and disagree, it must be from the consumers themselves who are aware of bringing their plastic bags.	Disagree, consumers should be aware to bring their plastic bags.	Disagree.		
4. In your opinion, what are the advantages and disadvantages of using plastic bags?	In my opinion, the advantages and benefits of using plastic bags are that they are very cheap, practical to use in daily activities, flexible/flexible, not rusty, lightweight and can be made into sheets.	Plastic bags are very cheap, practically used in daily activities.	Cheap and practical.	Make it easy for consumers	Easy
	The advantages are the same as the advantages of being practical, everywhere there are plastic bags. The downside is that it's hard to explain, it takes a long time.	More practical because it is everywhere, and has shortcomings that are difficult to describe.	Practical and difficult to parse.	Difficult to recycle	
	There is, for example, that plastic can be recycled into more useful things, for example, made into bags made of woven plastic bags.	The plastic can be recycled into something more useful.	Recycle, benefit		
	The advantages are clear, efficient, our time is faster, we don't need to look for non-plastic bags, it's not complicated, it's fast too. We don't donate trash, donate pollution, donate all kinds of negative things.	Efficient, easy, fast.	Efficient, easy, fast.		
5. What is your solution regarding the excessive use of plastic bags	In my opinion, the solution to the excessive use of plastic bags should be replaced with	Using environmentally friendly bags made of cloth to invite	Eco-friendly plastic bags, made of cloth, use plastic bags wisely, reduce negative impacts,	Self-awareness	Reuse/recycle, bring your equipment and replace plastic raw

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
and what is your attitude towards plastic bags piling up at home?	environmentally friendly bags made of cloth to invite people to be wiser in using plastic bags while at the same time tackling the negative environmental impacts of plastic waste. Reduce, Reduce, Recycle).	people to be wiser in using plastic bags and reduce the negative impact of plastic waste and do 3Rs.	and do 3Rs.		materials with more environmentally friendly materials.
	I was given education so I don't use plastic, after that I was told that in Indonesia there is a lot of plastic waste, at my house, it's difficult to dispose of garbage because there is a lot of garbage. If you can, wherever you go, bring an environmentally friendly bag, if you can bring your place to eat and drink from home.	It is necessary to educate the public about the use of plastic waste in Indonesia. And the initiation of bringing eating/drinking utensils from home.	Education and initiation bringing places to eat/drink from home.	Bring eating and drinking utensils from home	
	Right now there are plastic bags made from seaweed, yes, the distribution is even more so that the community can also be affected by the good. For example, using plastic bags excessively can cause flooding, and we must also inform the public that the impact of plastic bags is dangerous for the environment, so that we can reduce the number of plastic bags. Then we also have to be more self-aware so that when we shop we bring our place.	The distribution of plastic made from seaweed should be increased even more so that many people will feel the good impact. Then you have to be aware that if you go shopping you have to bring your shopping bag.	Distribution, seaweed plastic, good impact, shopping bags.	Replacing plastic raw materials with seaweed	
	The attitude towards plastic bags at home is best kept, if for example, it is still useful, then use it		Saved and reused.	Put it back	

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
	again to put something else.				
		The attitude towards plastic bags at home is best kept, if they are still useful, of course, they are reused to put something else.			
	First of all, we must have the self-awareness to hold back, for example, if we shop, we hold ourselves back so we don't touch this plastic bag. As much as possible, before shopping, we intend ourselves if we don't want to donate too much plastic. That's why we make it like an environmentally friendly bag. Second, a good solution is that we make fun of it on Instagram like a campaign.	Self-awareness, intend not to use excessive plastic bags, make eco-friendly shopping bags/plastic bags, and campaign through social media.	Self-awareness, intention, making shopping bags, campaigns.		
			Put it in the waste bank and make decorations.	Make crafts or collect them to the manager	
	The first is that there are lots of plastic bags, I'm going to the garbage bank. I collect it for up to a month, when it's been a month I change it to the waste bank, the waste that is exchanged into money. Second, sometimes I make decorations or paintings when I'm having fun and I don't have anything to do at home, my hobbies are also drawing and painting. I often make up the pictures in a plastic bag, so in the end, I throw it away or put it in a garbage	Put it in the waste bank and paint it for decoration.			

TOPICS	MEANING UNITS	CODE	SUBCATEGORY	CATEGORY	THEME
bank.					

The paid plastic bag policy is a concrete effort by the government to reduce waste generation from waste-producing sources. The pricing policy in this policy is intended to make people think again about using new plastic bags from their shops. This will indirectly reduce the amount of waste that will be sent to the community/consumers. One alternative to reduce the use of plastic bags is to bring your shopping bags that are not disposable.

In the interview, we asked the informants how they behaved when they did not bring their shopping bags when shopping, some informants said that they got around this by buying reusable bags such as tote bags or paper bags provided at the supermarket. The following is the statement of one respondent:

"It's better to buy a tote bag or paper bag provided at the store because it can be used for a long time rather than having to use plastic."

Public awareness is needed in using single-use plastic bags when shopping. In the paid plastic policy, the recommended price is Rp. 200. Supermarkets charge consumers a price for each new plastic bag they use. Based on the results of the interview, the informants welcomed it positively, because they thought it was good to do it by existing policies. However, because the price of plastic bags is affordable, it allows consumers to continue to buy them and is considered less effective.

"I think the attitude of the supermarkets is good because they include preventing the use of plastic for now, which is currently facing a reduction in the use of plastic, but if the price of plastic bags is Rp. 200 per sheet sold by supermarkets, still buyers can reach them easily."

Based on the informant's narrative, the researcher concluded that the application of paid plastic bags was considered less effective because plastic bags were sold for Rp. 200 can still be reached by the community. Although there are provisions regarding the use of paid plastic bags, there are still some supermarkets that provide them for free. Then we asked the opinion of the informants regarding this matter. From the interview results, it was found that all informants did not agree with the supermarket policy to provide plastic bags for free, because it could contribute to the amount of plastic waste.

The results of our interviews with informants about the advantages and benefits of using plastic bags, some of the informants answered that it is more practical and accessible in everyday life and if recycled plastic bags can be more useful. One of the programs to handle solid waste problems is the principle of Reduce and Reuse. The more we use materials, the more waste is generated. Reuse is Re-use (reuse) as much as possible, choose items that can be reused. Avoid using items that are disposable (one-time use, throw away). This can extend the time of using goods before they become waste (Hadiwiyoto, 1983 in Nur Jamilah 2018).

"The advantages are the same as the advantages, so it's practical, everywhere there are plastic bags. The downside is that it's hard to explain, it takes a long time. There are, for example, that plastic can be recycled into more useful things, for example, made into bags made from plastic bags."

Table 2. Summary of the analysis: code, sub-categories, categories, and themes

Theme		The existence of ideas, enthusiasm, desires, and policies from the government												
Category	Have an idea or idea			Agree		Government regulations		Make it easy for consumers		Self-awareness				
Sub-category	The initiative hung on the motor		Does not matter	Good attitude and affordable price.		Better and will be a health campaign.		According to the regulations.		Disagree	Cheap and practical.	Efficient, easy, fast.	Eco-friendly plastic bags, made of cloth, use plastic bags wisely, reduce negative impacts, and do 3Rs.	Put it in the waste bank and make decorations.
Code	- Take the initiative to carry a spare eco-friendly bag and hang the bag on the motorbike so that it is easy to carry anywhere .	- It is better to buy a tote bag or paper bag provided at the store because it can be used long-term rather than	- A good attitude from the buyer still reaches out with a payment of Rp. 200 per sheet.	- Good, because these supermarkets contribute to reducing the use of plastic bags.	- Not selling plastic bags by article 22 paragraph 2.	- Not good, because they mean they have violated policies related to the use of plastic bags and they contribute to plastic waste that is thrown carelessly	- Plastic bags are very cheap, practically used in daily activities.	- The plastic can be recycled into something more useful.	- Using environmentally friendly bags made of cloth to invite people to be wiser in using plastic bags and reduce the negative impact of plastic waste and do 3Rs.	- The distribution of plastic made from seaweed should be increased even more so that many people will feel the good impact. Then you have to be aware that if you go shopping, you have to bring your shopping bag	- Self-awareness,			

Theme						
The existence of ideas, enthusiasm, desires, and policies from the government						
Category	Have an idea or idea		Agree	Government regulations	Make it easy for consumers	Self-awareness
	has piled up.	havin g to use plasti c.		y where the garbage can potential ly cause flooding.		waste in Indonesia. And the initiation of bringing eating/drinki ng utensils from home.
-	His opinion is that the existence of paid plastic bags is good because it will make buyers think again to buy.	- Positi ve, beca use if for exam ple the plasti c bag is paid for, surel y peopl e will be lazy to buy plasti c bags.		- Disagree , consume rs should be aware to bring their plastic bags.		intend not to use excessive plastic bags, make eco-friendly shopping bags/plastic bags, and campaign through social media.
						- Put it in the waste bank and paint it for decoration.

The results of our interviews with informants what solutions did the informants do if they used plastic bags and attitudes towards plastic bags if they piled up at home, some of the informants answered that they invited people to be wiser in using plastic bags and reduce the negative impact of plastic waste and do 3Rs and use environmentally friendly bags.

"I think the attitude for plastic bags that accumulate at home should be done 3R (Reduce, Reduce, Recycle)."

"First of all, I have a lot of plastic bags. I collect it for up to a month, when it's been a month I change it to the waste bank, the waste that is exchanged into money."

The results of our interviews with informants what solutions did the informants do if they used plastic bags and attitudes towards plastic bags if they piled up at home, some of the informants answered that they invited people to be wiser in using plastic bags and reduce the negative impact of plastic waste and do 3Rs and use environmentally friendly bags.

CONCLUSIONS AND SUGGESTIONS

Reduction of the use of single-use plastic bags must continue to be carried out, as an effort to reduce the pile of plastic waste which can ultimately hurt the environment. In this regard, the government through the Ministry of Environment and Forestry issued a Circular regarding the application of the price and mechanism for paid plastic bags at modern retailers number SE-06/PSLB3-PS/2015 and number SE-1230/PSLB3-PS/2016.

Based on the research that has been done, it is found that the attitude of students towards the paid plastic bag policy is positive and supports the policy. One respondent prefers to buy a shopping bag/tote bag provided at the modern retailer because it can be used for a long time. Then other respondents took a 3R (Reuse, Reduce, Recycle) attitude towards the plastic waste that had started to accumulate in their homes.

The problem of plastic waste is not only the responsibility of one party but the responsibility of all of us. The many negative impacts caused by the accumulation of plastic waste in the environment should be enough to open our eyes and make us realize that all parties including the government, related sectors, and the community take an important role in fixing this plastic waste problem. So now is the time for us to take wise steps in using single-use plastic bags.

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